

FOOD

SERVED TO YOUR TABLE, AS AND WHEN READY. PERFECT FOR SHARING OR JUST ENJOY TO YOURSELF - MIX AND MATCH HOWEVER YOU PLEASE, ORDER MORE AT YOUR EASE...

VEGAN

HUMITAS SPICY CORN BAKED WITH NIGELLA-SEEDED AVOCADO (VE) **9.50**

AMOK CURRY WITH SWEET POTATO, SPINACH, FRIED OKRA & A CRISPY TORTILLA (VE) **7.50**

NACHOS TOPPED WITH SPICY CHICKPEAS & MELTED CHEESE ALTERNATIVE, PRODUCED FROM COCONUT OIL (VE) **5.50**

TIKKA BITES WITH RAITA SAUCE, MANGO CHUTNEY & FLATBREAD CRISPS (VE) **5.50**

LASAGNE WITH ROASTED SQUASH, PEPPERS & A GARLIC BREADCRUMB TOPPING (VE) **9.50**

BEYOND MEAT® BURGER PLANT-BASED PATTY SERVED IN A LINSEED BUN, TOBACCO ONIONS AND MELTED CHEESE ALTERNATIVE, PRODUCED FROM COCONUT OIL (VE) **9.50**

MEAT

CHAR-GRILLED BEEF BURGER TOPPED WITH BARBER'S CHEDDAR, GEM LETTUCE, SERVED IN A LINSEED BUN **7.50**

PANKO KATSU CHICKEN THIGHS WITH CURRY SAUCE, FRIED OKRA & CASHEWS **7.50**

DRY-RUBBED PORK BELLY WITH APPLE, SAGE & ONION SLAW **5.50**

JERK CHICKEN BUN SERVED WITH SCOTCH BONNET TINGA SAUCE & CRISP GEM LETTUCE **5.50**

CHORIZO MAC 'N' CHEESE WITH BREADED CHICKEN TO DIP **7.50**

LAMB KOFTA ON DECONSTRUCTED GREEK SALAD **7.50**

FISH

SALMON TERIYAKI SERVED WITH A DRESSED NOODLE SALAD AND CASHEWS **9.50**

SPICED BATTERED COD WITH CURRIED BEANS, MANGO CHUTNEY & LIME (A) **5.50**

TEMPURA SQUID WITH 'NDUJA MAYO **5.50**

SALMON, COD & PRAWN FISHCAKES WITH BOUILLABAISSE SAUCE & TEMPURA-BATTERED SAMPHIRE **9.50**

SALADS

WHISKY MARMALADE-ROASTED BEETS WITH LENTILS & PICKLED WALNUTS, DRIZZLED WITH COCONUT DRESSING (VE) **3.50**

WEDGE SALAD GEM LETTUCE WITH VEGAN BLUE CHEESE ALTERNATIVE DRESSING & WALNUTS (VE) **3.50**

SIDES

TRIPLE-COOKED CHIPS (VE) **3.50**

CHARGRILLED TENDERSTEM BROCCOLI WITH VEGAN BLUE CHEESE ALTERNATIVE DRESSING & CASHEWS (VE) **4.50**

DIRTY FRIES TOPPED WITH TINGA SAUCE, VEGAN BLUE CHEESE ALTERNATIVE DRESSING & CRISPY TOBACCO ONIONS (VE) **3.50**

MISO AUBERGINE WITH CORIANDER, CHILLI & CASHEWS (VE (A)) **3.50**

STICKY RICE WITH CASHEWS & HERBS (VE) **3.50**

HALLOUMI FRIES **5.50**

DESSERTS

WARM CHOCOLATE BROWNIE WITH HAZELNUT ICE CREAM (V) **5.00**

CARAMELISED BANANA WITH PECAN BRITTLE & COCONUT MOUSSE (VE) **5.00**

FRESH BERRIES & VANILLA ICE CREAM (VE) **5.00**

APPLE, CHERRY & PLUM CRUMBLE TART WITH BOURBON VANILLA ICE CREAM (V) **5.50**

OUR SUNDAY MENU INCLUDES A SUPERB ROAST SELECTION

Our allergen guide is located on the kitchen tab of our website. We keep it online so that it is always as up to date as possible. You can filter by the following allergens: **Gluten • Celery • Crustaceans • Eggs • Fish • Lupin • Milk • Molluscs • Mustard • Peanut • Sesame • Soya • Sulphites • Tree nuts** If you aren't able to access the internet, please let us know and we will assist you. If you have a question, food allergy or intolerance please let us know before placing your order. Please note all our food is prepared in a kitchen where cross contamination may occur and our menu descriptions do not contain all ingredients. (V) = made with vegetarian ingredients, (VE) = made with vegan ingredients (A) = contains alcohol

**THE
BULL**
ISLINGTON